

50μ.	00:21.87	7/8/2015	00:22.56	13/7/2014	00:23.56	13/7/2012	00:24.74	14/12/2013	00:25.30	13/7/2011
	00:24.93	27/5/2012	00:25.40	16/7/2016	00:25.81	20/12/2003	00:26.62	27/6/2008	00:26.74	23/7/2013
100μ.	00:48.68	9/8/2016	00:50.41	30/7/2008	00:51.21	21/7/2010	00:53.67	21/12/2013	00:55.02	12/7/2011
	00:54.48	31/7/2006	00:55.63	9/8/2010	00:56.42	30/7/2008	00:57.57	13/6/2015	00:58.72	20/7/2005
200μ.	01:48.48	27/6/2009	01:50.51	16/7/2009	01:53.31	16/7/2013	01:56.89	7/12/2008	02:00.72	10/12/2011
	01:59.93	20/7/2003	01:59.93	20/7/2003	02:01.94	5/7/2001	02:05.00	27/6/2008	02:06.58	6/7/2005
400μ.	03:48.67	31/7/2006	03:52.10	4/3/2016	03:58.75	6/12/2015	04:06.66	11/7/2012	04:12.24	3/12/2011
	04:11.59	5/7/2001	04:11.59	5/7/2001	04:11.59	5/7/2001	04:21.95	13/8/2001	04:29.61	25/6/2005
800μ.	07:55.67	9/8/2008	08:03.20	17/7/2015					08:38.21	18/12/2004
	08:34.81	14/8/2010	08:45.64	8/7/2008	08:47.06	28/2/2003	08:55.45	12/8/2001	09:11.34	20/12/2003
1500μ.	14:53.32	9/8/2008	15:18.74	30/5/2015	15:37.21	28/6/2014	16:00.49	6/12/2009	16:21.19	19/12/2004
	16:20.11	9/8/2010								
			www.swim-news.gr							
50μ.	00:27.20	28/7/2009	00:27.89	6/7/2011	00:29.01	5/3/2017	00:30.68	20/6/2015	00:32.18	22/11/2015
	00:31.52	1/8/2009	00:32.22	7/5/2010	00:32.26	22/11/2009	00:33.66	12/7/2015	00:33.91	24/7/2014
100μ.	01:00.03	7/8/2009	01:01.11	8/12/2009	01:04.13	20/6/2009	01:07.90	11/7/2015	01:09.86	4/12/2011
	01:08.39	27/7/2009	01:08.66	10/5/2009	01:08.66	10/5/2009	01:11.66	13/6/2015	01:12.41	28/6/2014
200μ.	02:09.72	24/5/2012	02:13.58	28/1/2011	02:17.68	28/5/2017	02:23.20	10/7/2015	02:29.90	22/7/2014
	02:27.39	16/5/2009	02:29.53	9/5/2010	02:32.18	26/3/2004	02:33.55	14/6/2015	02:35.01	28/6/2014
50μ.	00:23.74	14/5/2017	00:24.36	8/7/2009	00:24.93	9/8/2001	00:26.41	8/12/2014	00:26.88	8/12/2012
	00:26.47	5/3/2016	00:26.79	16/7/2009	00:27.50	8/7/2008	00:28.34	14/5/2017	00:28.76	5/3/2016
100μ.	00:52.41	9/8/2008	00:52.87	15/7/2009	00:55.33	22/7/2010	00:57.83	29/6/2008	01:00.38	14/7/2011
	00:58.27	6/8/2016	00:59.91	27/6/2009	01:00.43	25/6/2015	01:01.99	8/4/2017	01:03.37	12/6/2016
200μ.	01:56.23	4/8/2015	01:58.29	7/7/2016	02:00.75	16/9/2000	02:08.50	13/7/2012	02:13.69	17/6/2017
	02:10.64	31/7/2003	02:10.64	31/7/2003	02:10.64	31/7/2003	02:17.05	9/4/2006	02:21.33	23/6/2000
50μ.	00:24.77	1/8/2009	00:25.33	12/7/2014	00:26.21	11/7/2012	00:27.71	9/12/2012	00:28.82	4/12/2011
	00:28.00	21/5/2016	00:28.60	9/8/2010	00:29.83	12/7/2013	00:30.34	27/1/2007	00:30.71	16/12/2006
100μ.	00:53.03	27/7/2009	00:54.03	10/7/2014	00:56.13	27/7/2014	00:59.59	14/7/2012	01:02.31	14/7/2011
	01:01.15	3/8/2015	01:01.72	1/7/2009	01:03.34	18/7/2009	01:04.30	29/6/2013	01:06.48	9/12/2012
200μ.	01:57.41	20/5/2016	01:59.77	9/7/2014	02:03.50	28/6/2014	02:09.52	10/7/2015	02:14.83	16/1/2011
	02:13.70	7/8/2009	02:13.80	13/5/2006	02:14.53	12/6/2004	02:17.96	29/6/2013	02:19.53	8/12/2012

200μ.	01:58.18	18/5/2016	02:01.23	1/8/2012	02:05.05	9/4/2017	02:09.51	22/4/2012	02:13.95	14/7/2011
	02:16.24	31/7/2003	02:16.24	31/7/2003	02:16.24	31/7/2003	02:18.76	29/3/2015	02:20.27	28/6/2014
400μ.	04:14.41	27/5/2012	04:22.32	5/7/2001	04:25.83	21/7/2016	04:32.93	4/12/2015	04:40.07	3/12/2011
	04:44.90	14/8/2004	04:44.90	14/8/2004	04:46.57	4/5/2003	04:55.41	11/5/2001	05:03.22	28/6/2014
4 100	03:14.42	16/5/2016	03:23.52	30/7/2008	03:30.31	1/7/2012	03:47.34	30/9/2008	03:59.87	14/7/2011
	03:42.09	21/5/2012	03:49.30	30/7/2008	03:49.30	30/7/2008	04:02.54	1/4/2012	04:12.46	15/7/2016
4 200	07:16.39	27/6/2009	07:32.01	30/7/2008	07:43.77	26/7/2013	08:15.37	2/7/2008	08:43.07	2/8/2007
	08:15.26	20/7/2003	08:28.01	5/7/2001	08:31.61	26/4/2015	08:45.95	4/7/2015	08:56.31	20/6/2009
4 100	03:34.41	22/5/2016	03:42.95	16/8/2011	03:52.36	18/7/2009	04:13.06	29/6/2008	04:27.78	12/7/2015
	04:04.29	9/8/2015	04:12.40	30/7/2008	04:12.40	30/7/2008	04:29.10	4/7/2015	04:38.42	17/7/2016

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